

# 2022 PROJECTS UPDATE



#### YUVA'S OFFICIAL REGISTRATIONS

- Special Consultative Status by the United Nations Economic and Social Council (UNECOSOC)
- Registered as Charitable Institution under the MRA for the purposes of Income Tax Act 1995
- Registered as NGO under Section 8(1) of the Registration of Associations Act: 14125
- Registered with the National Social Inclusion Foundation: NCSRF/2017/0491
- Registered with the Mauritius Council Of Social Services (MACOSS)

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### **COVER STORY**

#### **Brendon**

13 years, Goodlands

For the last six years, I have been a child who had difficulty reading, spelling and writing.

YUVA's remedial classes helped me with pre-writing skills and writing using various approaches, which suit different learning styles — visual, auditory, tactile and kinesthetic.

The remedial classes alleviated boredom, enhanced attention and made learning fun. Today, I'm able to make progress with flying colours in my school examinations.

Through YUVA's Moral, Civic and Sex Education Programme, I feel empowered and better informed.



# PILLARS OF YUVA TO MAKE A LONG-TERM IMPACT ON NEEDY CHILDREN AND YOUTH





#### 1. Education

To help children and young people acquire quality education — formal and informal.

Going to school — and not dropping out — is absolutely essential to building a future free from poverty.

By helping kids finish primary and secondary school, they are in a much better position to take advantage of opportunities and find employment in the future. We make an impact by measuring:

- Increased school enrollment;
- Better scores, especially in math and reading;
- More young people completing secondary school: and
- Exposed to both formal (academic) and informal (civic) education.

#### 2. Health

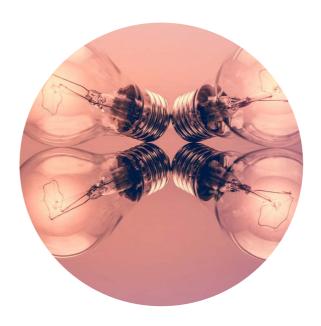
To help children and young people develop healthy habits and connect them to services.

Our health programmes focus on two important things:

- 1. Developing healthy habits; and
- 2. Connecting children and young people with services when they need help.

Health and poverty are strongly linked. That's because health issues are often the factor plunging families into poverty. Plus the conditions many children and young people face make them predisposed to health issues. By investing in health, you're helping children and the youth to build a future for themselves.

Our health programs support the United Nations' Sustainable Development Goals (SDGs) for 2030.





#### 3. Empowerment

So that children and young people can build leadership, teamwork and confidence.

Through empowerment programs that build leadership, teamwork and confidence, we're not only making a brighter future possible, but we're also creating a positive ripple effect on childrens' communities. Imagine how hard it would be to motivate yourself to make a change if you were faced with seemingly impossible circumstances.

To become set on a course out of poverty, children first have to believe that escaping it is possible and that they have power over their future. With your help, we're overcoming disillusionment to help children become empowered citizens with practical life skills — skills that are put into action to tackle poverty for themselves and their communities.

#### 4. Employment

To help young people develop workplace and technical skills to change their life for good.

Mock interviews, résumé writing, connecting them with jobs in their communities — we are focused on developing young people's workplace skills, which will help them be successful at their jobs and change their lives for good. To have any hope of escaping poverty, income from stable work is essential.

That means children need to grow up to have the skills that employers require. And with the benefit of other skills acquired through our programs focused on education and empowerment, they're on a good path. But there's still work to do. That makes our focus on employment an important tool to help break the cycle of poverty for generations to come.



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# LETTER FROM THE EXECUTIVE DIRECTOR

We have chosen to be a part of a brand new chapter in Mauritian social awareness. More than this also, we have chosen to encourage our youth on their proactive course ahead.

We began this chapter of YUVA with courage, commitment, passion and most importantly imagination, for the journey we embarked on marks the path we will blaze for generations of like-minded youth. Just like with anything new, the opportunity exists for change to take place and the pillars of YUVA are not only set on the foundation of creating those new ideas but also continuing the growing momentum while always aiming to adapt to the ever-changing landscape that is our beautiful country.

Where we felt that change was needed, we pursued innovative techniques to adopt a new form of leadership, one that not only proves the old methods are no longer applicable but one that indeed succeeds in its continued mission of inspiring its undertakers no matter how tough the terrain may become.

YUVA is a new wave of leadership, one that intends to set a benchmark. We are not here to make a noise; we are here to be heard. We are here to listen to those who in the past may have not had the opportunity or reason to stand up and make a difference and more importantly, we are here to give those very same unheard voices, the platform and chance they so rightfully deserve. It's time to set aside the cultural and historical limitations that have kept people from working together in the past for a greater good.

While we are firm believers of tradition and pay the due respect it deserves, we too feel that it is



time for tradition and innovation to combine and result in a remarkable platform where change is not only spoken of but also practiced on a daily basis.

YUVA is about recognising ideas exist within us all, and it is about harnessing those ideas collectively in order to ensure a far better tomorrow is awarded to those behind us.

Like Warren Buffett once said, "Someone sits in the shade today because someone planted a tree a long time ago", let us be the people who inspire others behind us to carry on the legacy of innovation in leadership and more than that, inspire the youth to continue to take a proactive approach to life in general.

The power rests with us, the youth. We are the inheritors of tomorrow and not only are we tasked with making our ancestors proud but we have to accept the responsibility of making sure we leave to our children a better life and way of thinking even if we ourselves were not awarded such. It's time we break the cycle of oppression and putting ourselves down. We need a collective effort in order for everyone to benefit and that is exactly the core principle of what YUVA stands for, ensuring a better way of living for everyone, for the greater good. A nation prospers when it is encouraged, why not be that encouragement?

Our mission in front of us is not an easy one. Transformative leadership never is but it's about pushing through regardless of how hard it gets and keeping in the sites the common end goal of something better for everyone. The first steps to anything new in form are never easy but I am confident that my fellow YUVA members collectively possess the courage, determination and willpower to achieve these pioneering steps.

Let us not look at how things could have been done in the past or why they have not worked out but rather let us focus on the new order of thinking. Let us look onwards to a country whose cultural richness serves as the ideal platform for promoting tolerance and cooperation.

YUVA has not only got its work cut out for it because it is a new way of executing social change but more than that, it has the huge task of creating something from the very bottom up. Where other organisations have a model to shape their ideas around, YUVA has only the will and imagination that something better exists. YUVA is the chance to create that something new that others down the line will be able to work from and be inspired because it exists. YUVA is the beginning of something truly great in all shape and form.

Too long have we allowed ourselves to be trampled by ideas and principles that are in no way geared for us or improving our way of living and existing. Too long have we taken for granted that change cannot be enforced by the youth and too long have we let apathy and monotony sink in and keep us in a stagnant uninspired area of our life. The time to take this power back is now, the time to act for a better tomorrow is today and the time to put aside this oppressive way of thinking is – as of now – a figment of our imaginations.

Let us have the courage and determination to counteract old barriers and schools of thought, let us have the strength to break any dogmatism that has crept into our daily lives and more than anything, let us stop simply existing and rather start living the great lives we are all more than entitled to live!

More than wanting to see change take place in the hands of our youth, I want YUVA to be that guiding and on-going inspiration whose legacy outlives its founders. Let us be the foundation for the greatness that YUVA is capable of and let us always remember that working together for the common good will always be of the benefit of anyone and everyone.

YUVA sees no form of a barrier within its ranks; we see no difference in culture and ethnicity. What YUVA sees is determined souls of all shapes and forms who work towards improving humanity as a whole. Let us be the examples for society to follow suit, let us be the guide that shows there is a human within us all, who has something in common with someone out there, regardless of where they are from or who they are, and let us always encourage anyone and everyone to work with us together to achieve common goals.

May we never forget those who preceded us for it was their ingenuity and bravery that so many of us have today to be grateful for. If it weren't for the groundbreakers



before us, we may never have had the opportunity to continue this cycle of change and we may never have known what the true meaning of inspiration was and will always be.

That is why I appeal to the fellow youth in spirit out there, both present today and in the greater community in Mauritius, to remember the past as a lesson and take from it the goodness and ideals that should be carried forward while always adapting the ideas to suit the modern evolution of society.

Let innovation and passion forever be preserved in the notion that no good can come from lingering in old ideas and territory. Let us continue to adapt to the ever-changing world and

encourage our fellow Mauritians to stand together to improve their situation at large.

But more than anything, let us never lose the will to do better; it is the fire that burns deep within us that loses nothing by igniting the fire in others.

Be That Fire, Be The Change and Be Yourselves!

JAWAHAR LALL ATHAL (KRISHNA)
Founder & Executive Director

# RE-INVENTING NON-PROFIT, SOCIAL WORK AND COMMUNITY SERVICE IN MAURITIUS

We believe that achieving a social contract that reflects a strong narrative of hope and transformation requires a concerted and systematic effort to harness strategies, expertise and resources.



#### **SOCIAL ENTERPRISES**

YUVA is a pioneering African NGO working to set up professional social enterprises ensuring financial sustainability.

Solutions for social challenges and surplus for greater impact: initiatives that engage individuals, micro and small enterprises as suppliers, producers and consumers.



#### **VISION, MISSION & VALUES**

Breaking the cycle of poverty. Ensuring a bright future.

We have a bold vision: ensuring *Quality Education, Good Health, Empowerment* and *Employment* for young people through our programmes so we can achieve the goal of breaking the cycle of poverty and to ensure a bright future of children and youth of Mauritius. Our values are based on the assumption that leadership for our generation is not a singular concept, but embodies the challenge of bringing together people from diverse fields and schools of thought.



#### **SOCIAL DEVELOPMENT**

We serve all children and youth of all religions, race, ethnicity, or gender.

Everything we do at YUVA has just one goal: the sustained well-being of children and young people, especially the most vulnerable. We work with families, communities, and partners to ensure that children and young people enjoy good health, are educated for life, experience the love of parents and their surroundings, and are cared for, protected, and participating.



#### **INVESTMENTS**

So, when we profit, society profits.

YUVA operates a few businesses and then reinvests the profit back into the local community to support the education, health and employment of Mauritian families living in poverty. This social entrepreneurship model allows YUVA to tackle social problems, improve people's life chances and support various communities.



#### **YUVA ACADEMY**

Developing the next generation of leaders and entrepreneurs.

The YUVA Academy seeks to transform Mauritius by developing a powerful network of young leaders who will work together to address Mauritius' greatest challenges, achieve extraordinary social impact, and accelerate the country's growth trajectory.



#### **AFFILIATES & PARTNERS**

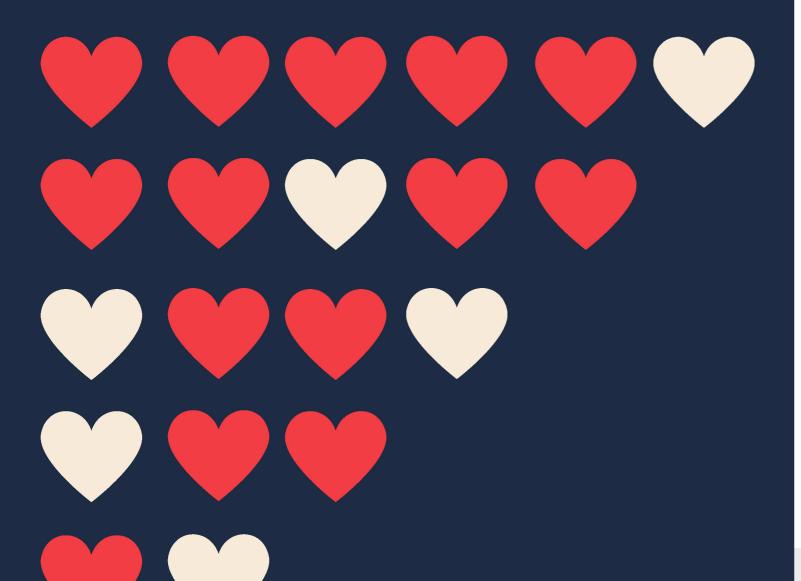
We rely on a wide range of local and international partners, both organisations and individuals, who offer their services, specialist skills, goods in kind and other means of supporting the work that we do.



#### YUVA TRAVEL & YUVA COFFEE SHOP

Setting an example by openning more social enterprises.

We intend to launch two more social enterprises, namely one in the travel industry and another one in food and beverages.



ON THE NEXT VALENTINE'S DAY. GIVE A GIFT WITH SOME THOUGHTS BEHIND IT!

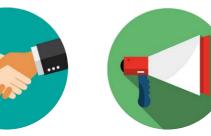
## GIVE A GIFT TO A CHILD IN NEED

BE MORE THAN A LOVER — BE A HERO!

Call us on 218 1732 or email us at info@yuvamauritius.com To learn more about how you can gift a needy child!

#### At YUVA, we identify ourselves as a:







Social Enterprise

Non-Governmental Organisation

Public Forum

Youth Employer









Social Investor

Policy Advocate

Academy

Crisis Responder

#### We bring together different people:









Changemakers

Activists

Heroes

Mentors

We are inspired by a common purpose: The sustained well-being of children and young people.

**Get onboard! Join Mauritius' biggest family!** www.yuva-info

represent children and young people in the media;



#### **HOW DOES YUVA BENEFIT LOCAL AUTHORITIES?**

#### Informing Policy Makers

YUVANs help local officers and their wide network of partners understand the issues that affect children and young people, as well as their needs and opinions, leading to better-informed decisions.

#### **Developing Civic Identity**

Participating in social work, volunteerism and politics at a young age can become a lifelong habit that leads to greater participation in the democratic process and wider civic society. More youth will be interested in local/regional elections – voting or even contesting as candidates.

#### Increasing Legitimacy

YUVA provides a voice for a section of the population that often goes unheard. Representation of children and young people lends credence and focus to the work they undertake with adult politicians.

#### Improving Services

Youth representation acts as a catalyst to strengthen local accountability and improve services for children and young people; making them responsive, user-driven and cost saving in the long run.

#### **Fulfilling Statutory Duties**

Local authorities have a duty to inform, consult and involve people in the running of some local services, as well as a duty to promote democracy - particularly to children and young people.

#### Helps Recruit a Diverse Group of Children and Young People

YUVA programmes raise the profile of youth participation and youth democracy in local areas. They help encourage young people to take part in consultation or other engagement mechanisms.



## YUVA WALL OF FAME



Africa Winner of
CEO Global's Titans:
Building Nations Award 2019



Country Winner of CEO Global's Titans:
Building Nations Award 2019



Winner of NGO Leadership & Excellence Award 2019



Winner of SADC's Best Practice Award 2019



Runner-up of SADC's Best Practice Award 2018



Winner of Healthcare Leadership Award 2018



Winner of
Africa NGO Leadership
Award 2018



Winner of Social Innovation Award 2018



Winner of
Africa NGO Leadership
Award 2017

## SELECTED TESTIMONIALS



It's great to see our young people being led by an organisation like YUVA. We have every reason to be proud of YUVA. This growing organisation is redefining social work and community service in the country through its ethical leadership and professionalism.

HIS EXCELLENCY BARLEN VYAPOORY Acting President of the Republic of Mauritius 16 December 2018



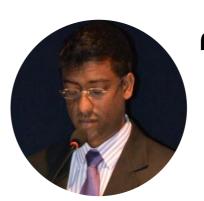
YUVA is a congratulatory initiative, which should continue working towards making education and learning a priority as it is with this that Mauritius will move forward in a world where competition is

HER EXCELLENCY AMEENAH GURIB-FAKIM President of the Republic of Mauritius 31 January 2015



YUVA is a national pride. We should encourage young people to take lead and excel in Mauritius.

GEERISH BUCKTOWONSING Chairman of Mauritius Council Of Social Services 23 May 2015



YUVA is about a new wave of leadership, one that intends to set a benchmark. Your mission in front of you is not an easy one, but it is worthy.

ANTONIO JENITO SEEDOO Lord Mayor of Municipality of Port Louis 23 May 2015

## YUVA SCOREBOARD

9,260

school materials distributed to primary and secondary students 8,409

aspiring leaders graduated in Leadership for Social Change (LSC) 4,230

aspiring entrepreneurs graduated in The Entrepreneurial Mindset (TEM) 2,464

parents graduated in Positive Parenting Programme (PPP)

292

students of grades 7 to 13 enrolled in remedial classes **79%** 

students of remedial classes performed better at school

7,770

children aged 9 to 12 graduated in Moral, Civic and Sex Education (MCSE) 1,208

sessions (74 cohorts) of Leadership for Social Change (LSC) delivered 1,076

sessions (68 cohors) of The Entrepreneurial Mindset (TEM) delivered 493

sessions (22 cohorts) of Positive Parenting Programme (PPP) delivered

74%

students of remedial classes showed improved performance in reading skills 67.8%

students of remedial classes integrated a mainstream classroom

8,000

adolescents aged 13 to 16 graduated in Moral, Civic and Sex Education (MCSE) 298

social projects implemented by LSC participants

1,703

different business ideas presented by TEM participants

**59%** 

of PPP participants had children engaged in criminal behaviours

68.3%

students of remedial classes showed improved performance in writing skills 7,700

visual materials on sexual and reproductive health distributed 0

sponsorship received by Team Mauritius for Robotics Olympics 91

LSC alumni started their own social movements in Mauritius

88%

of TEM participants were from families not involved in business 360

attendees at the YUVA Annual Leadership & Entrepreneurship Summit (YALES)

## YUVA SCOREBOARD

91

NGOs and youth clubs benefitted from YUVA's direct support

24

medical camps organised in all the 9 districts of Mauritius 12,000

medical plants distributed across the island 4,160

job advertisements posted on the YUVA Employment Portal

9,103

Mauritians benefitted from YUVA's medical camps

719

Mauritians and foreigners living in Mauritius donated their clothes to YUVA

62%

of companies gave positive feedback about YUVA's job recommendations

88%

of medical camps held in villages of Mauritius

218

animal activists attended YUVA Animal Welfare Forum 28

conference presentations on YUVA's modus operandi



# CONDUCTING REMEDIAL CLASSES

YUVA provides free remedial classes to secondary school repeater students in Goodlands, Port Louis and Rose Hill.

We believe that every child possesses a unique capability. But in a formal classroom, a student doesn't get the scope to learn as per his/her choice and needs.

Students are bound to follow an organised curriculum despite having disinterest in many subjects. So, they fail to understand the topics which do not interest them. Often they don't take part in the interactive session. Sometimes they are humiliated in the formal classroom for their disinterest.

YUVA's remedial classes help fill a formal class's gaps by providing extra care and support to the weaker students. The students are then able to learn at their own pace while also developing their self-confidence with regards to catching up with academic programmes. This

ensures a more inclusive and equitable quality education that responds to each student's pedagogical needs in the country.

Remedial Education is an instructional programme designed for students who have identified deficiencies in reading, writing, and math. The programme individually provides necessary skills that assist students in achieving expected competencies in core academic skills.

Children are helped with pre-writing skills and writing using various approaches which appeal to all learning styles (visual, auditory, tactile and kinesthetic). It alleviates boredom. enhances attention and makes learning fun.

### **THE IMPACT**

292 students of grades 7 to 13 were enrolled in the remedial classes.

67.8% students were able to integrate a mainstream classroom.

74% kids showed improved performance in reading skills.

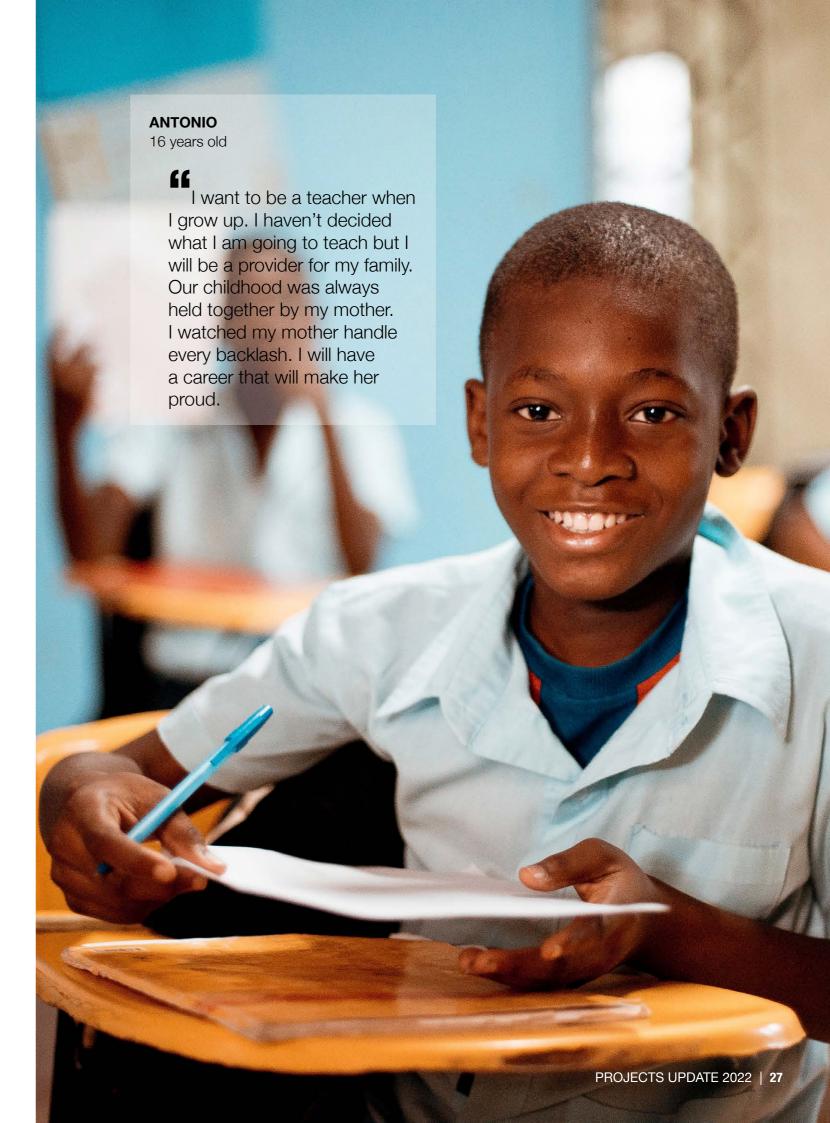
68.3% of students showed improved performance in writing

79% students showed an increase in overall academic performance at school.

To increase the interest of parents in their child's education, 82 parents were invited to meet the educators at the end of every month to discuss their child's performance.

Irregular attendance at school was decreased by 45.3%.

**16** YUVA volunteers were conducted the remedial classes.



# TUITION OF ENGLISH & FRENCH LANGUAGES

There is a failure rate of 11.55% (2,027 students) and 18.78% (3,490 students) in English Language and French Language, respectively, at GCE 'O' level.\*

And at Higher School Certificate (GCE 'A') level, there is a failure rate of 8.4% (857 students) and 5.3% (287 students) for General Paper and French Language (subsidiary level), respectively.

YUVA offers free private tuition in English and French languages to students from low socio-economic backgrounds in Petit Raffray, Port Louis and Rose Hill. The aim behind this is to provide them with an equal opportunity for success.

Being proficient and fluent in both languages increases the prospects for these students to achieve higher academic performance since the language of instruction

at school is either English or French.

Additionally, being bilingual and having proper written and oral knowledge of both languages gives them an edge in their career development and increases their employment probability globally.

Continuous assessments and performance are documented through weekly reports, which parents have to sign. School grades are also recorded throughout the academic year.

are administered throughout the academic year. Student behaviour

#### **THE IMPACT**

**164** students from grades 7 to 13 were enrolled in the English Language tuition.

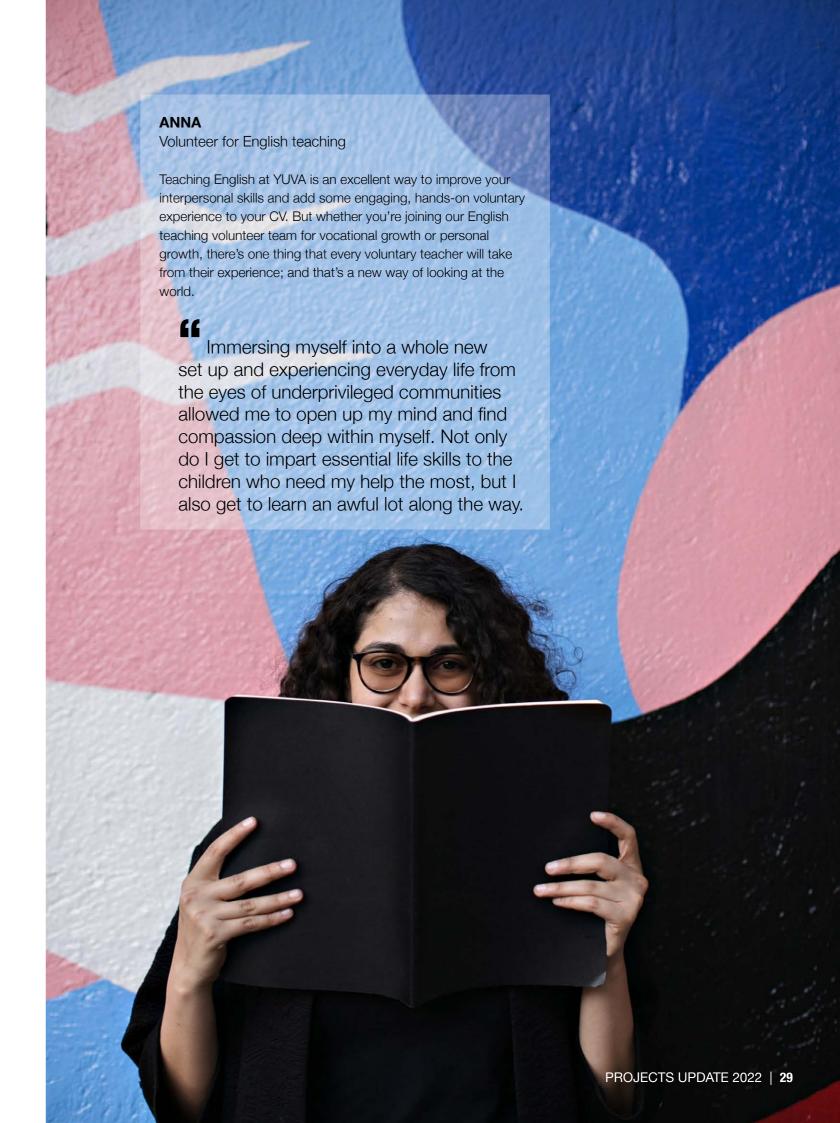
128 students from grades 7 to 13 were enrolled in the French Language tuition.

We've reached 97.3% pass rate in English and French languages with our beneficiaries at SC/ GCSE 'O' level.

We've reached 72.8% pass rate in English and French languages with our beneficiaries at HSC/ GCSE 'A' level.

3 tuition centres were established to cater for students from all regions. Currently, for this initiative, YUVA has tuition centres in Petit Raffray, Port Louis and Rose Hill.

11 YUVA volunteers – graduates in related fields of study – were involved to conduct the English and French classes at the <mark>3</mark> venues.



<sup>\*</sup> Source: Cambridge School Certificate 2018 Performance by Subject - School Candidates. (2019). Mauritius Examinations Syndicate.

# DISTRIBUTION OF SCHOOL MATERIALS

In Mauritius, an average of 6,817 children remain out of primary school every year. 6.44% of lower secondary school young people aren't enrolled in school.\*

Chronic absenteeism and school dropouts are most prevalent among students coming from lowincome families. This is because students lacking the necessary school supplies cannot fully engage in their educational experience.

The Government expenditure on education: percentage of GDP data was reported at 5.082% in Dec 2017. This records an increase from the previous number of 5.014% for Dec 2016.

Having their financial burden relieved, needy students can focus solely on their educational attainments, demonstrate higher academic performance, have more

significant future employment opportunities, and experience less social and financial problems in adulthood.

By providing children and adolescents with the necessary school materials. YUVA motivates them to attend school regularly.

### **THE IMPACT**

9,260 school materials and supplies distributed to primary and secondary students who come from disadvantaged families.

23 individuals, who come from working class backgrounds, donated the school materials to YUVA.

**5** organisations from the corporate sector invested their Corporate Social Responsibility (CSR) fund in this initiative in order to benefit 400 primary and secondary students with school materials and supplies.

#### A LITTLE CHANGE CAN CHANGE A LOT.

**WANT TO DONATE SCHOOL MATERIALS?** 



<sup>\*</sup> Source: United Nations Educational, Scientific, and Cultural Organization (UNESCO) Institute for Statistics (July 1, 2017-June 30, 2018).

# MORAL, CIVIC & SEX EDUCATION

96 cases of sexual abuse in the first three months of 2016, and 208 cases of teenage pregnancies in 2017 were recorded by the MFPWA.\*

One of the prominent risk factors leading to children's sexual exploitation, unwanted pregnancies, STDs, and AIDS is the lack of information regarding sexual interactions.

According to the Halley Movement & Pan-Mauritius Coalition and ECPAT International (2018) on the Sexual Exploitation of Children in Mauritius Submission at the Human Rights Council:

- 40% of the youth receive information on sexuality from their friends
- 1% among boys receive sex education from parents
- 15% of female youth receive information on sexual matters from their parents.

• Less than 2% of female youth aged 15-21 years use condoms and less than 1% use contraceptive pills

YUVA's Moral, Civic and Sex Education programme uses everyday life events to strengthen learning activities and enhance the connection among various crosscurricular domains in values education.

This includes moral and ethical education, civic education, human rights education, life education, sex education etc., to provide children and adolescents with an all-round learning experience conducive to their whole-person development.

and Welfare Association (MFPWA) [online] Sundaytimesmauritius.com.

### **THE IMPACT**

7,770 children aged 9 to 12 graduated from YUVA's Moral, Civic and Sex Education programme.

8,000 adolescents aged 13 to 16 graduated from YUVA's Moral, Civic and Sex Education programme.

**276** sessions, making up 142 cohorts, on Moral, Civic and Sex Education were delivered in both private and public secondary schools.

7,700 literature and visual materials on youth sexual and reproductive health were distributed amongst children and adolescents.

**64** trainers, interns and volunteers have been involved in the project of implementing YUVA's MCSE programme across the island.

8 national organisations financed this project in terms of financial resources.



<sup>\*</sup> Source: Macky, A. (2018). Teenage pregnancy: A growing concern - Mauritius Family Planning

# TEAM MAURITIUS: ROBOTICS FIRST GLOBAL

YUVA's Team Mauritius reached the semi-finals of the FIRST **Global Robotics Challenge in** Mexico. The team consisted of three students aged 14 to 17.

An initiative of YUVA, FIRST Global Mauritius aims at promoting STEM education in Mauritius by selecting and mentoring kids to form a solid **Team Mauritius** for the yearly international FIRST Global Challenge - "The Olympics of Robotics".

The FIRST Global Robotics Challenge was a platform where the youth could explore more about new technologies. Our Mauritian participants aimed to achieve a lot of knowledge from the competition.

We strongly believe in STEM education for developing 21stcentury skills among young minds. We want to promote this nation-building cause and take this to each and every corner of Mauritius.

By bringing these future STEM leaders together in an engaging and collaborative competition that drives home the importance, excitement, and applicability of STEM education, FIRST Global inspires students to learn the skills they will need to make the discoveries their parents and grandparents would consider miracles, impossibilities, or just plain science fiction.

Reaching the semifinals in Mexico was an incredible milestone achieved by Mauritius. This is the first step towards endorsing creativity and innovation through Robotics among our youth.

### **THE IMPACT**

Mauritian secondary students participated in an international robotics competition for the 1st

186 countries were represented at the FIRST Global Robotics Challenge.

2,500+ young people were impacted through creativity and innovation from this initiative.

75 teams, participating in the competition, had no prior robotics experience.

60% of teams were created and organised by women.

100+ media organisations featured the FIRST Global teams internationally.

O sponsorship from the Government and corporate sector was received for Team Mauritius' participation at the competition.





#### **SPONSOR A CHILD'S EDUCATION AND CHANGE A LIFE**

Change a life by sponsoring a child's education. Funds raised are used to assist our children with a variety of critical educational needs.

Your financial contribution will be used to provide needy children with school materials and supplies, uniforms, shoes as well as extra classes for them to catch up with their studies.

#### Beneficiaries include:

- Children with disabilities and/or suffering from a severe
- Abused children;
- Neglected/Abandoned children and orphans;
- Street children, including (a) children who live and sleep on the street; and (b) children who are on the street during the day but sleep in their family home;
- Children with parents in prison;
- Children in conflict with the law:
- Out of school and illiterate children; and
- Children suffering from substance abuse.

We encourage generous donations in order to create a positive impact in Mauritian society. Contact us at 5252 5556 or secretariat@yuva.info.

# LEADERSHIP FOR SOCIAL CHANGE PROGRAMME

An ethical and value-driven leadership and community is the need of the hour in the wake of the private and public sector scandals in Mauritius.

Leaders are now required to build an ethical, valuedriven community that also makes an organisation the provider of choice, employer of choice and investment of choice.

YUVA's Leadership for Social Change (LSC) programme seeks to transform Mauritius by developing a robust network of young leaders who will work together to address Mauritius' most significant challenges, achieve extraordinary social impact, and accelerate the country's growth trajectory.

At the end of this programme, students are able to:

• Prepare for and assume a leadership role;

- Develop a strategy, a team, and a culture for success;
- Sustain their organisation for the challenges ahead;
- Identify their own leadership strengths and areas for improvement.

Using interactive activities, including reflexive journals, the LSC programme develops participants' understanding of what constitutes good leadership, applying this knowledge in reallife situations, and developing their leadership knowledge to become influential leaders to foster social change through leadership development.

### THE IMPACT

8,409 leaders from all the 9 districts of Mauritius graduated in the Leadership for Social Change programme.

1,208 sessions, making up 74 cohorts, on the LSC programme were delivered at the YUVA Academy Training Centre.

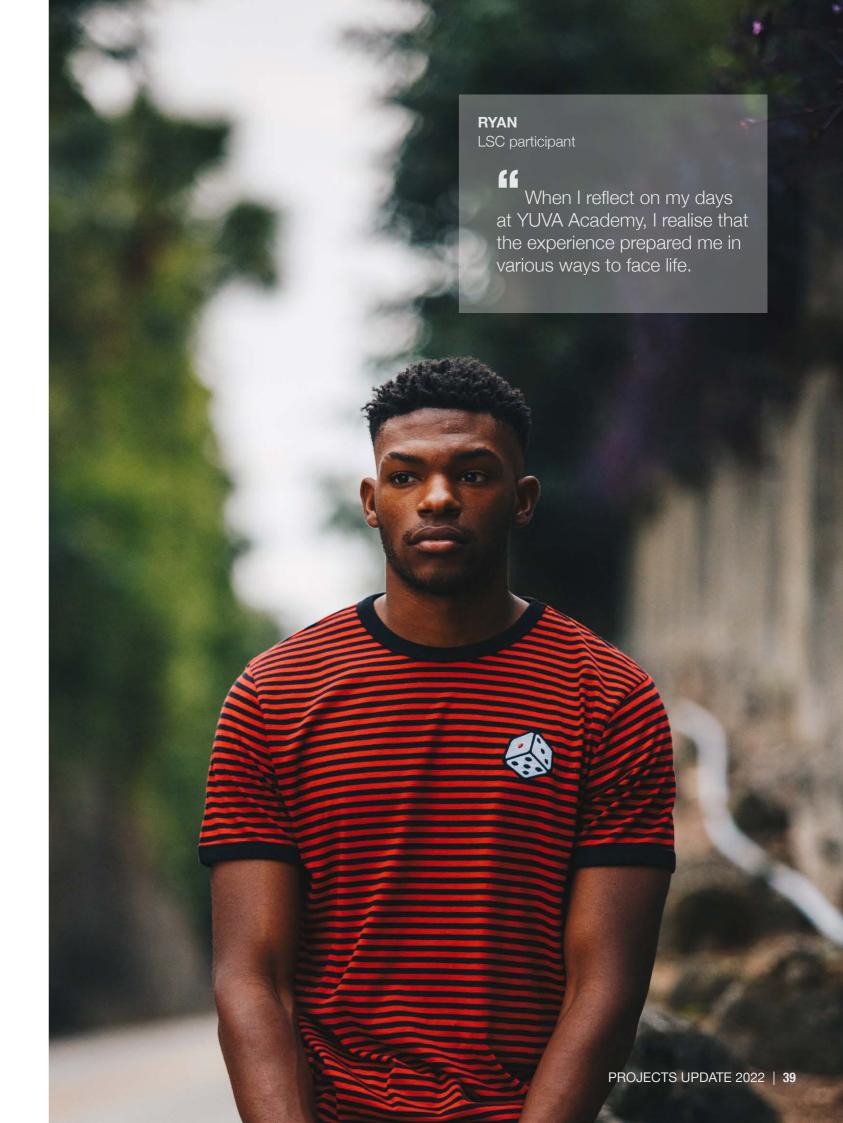
66 leadership programmes were conducted in secondary schools of Mauritius.

298 social projects were implemented by the participants as part of the leadership programme.

**640** representatives from 87 NGOs across Mauritius were empowered through the leadership programme.

91 LSC alumni started their own social movements in Mauritius.

73% of LSC attendees completed the course with a different leadership definition.



<sup>\*</sup> Source: Tradingeconomics.com (2019). Mauritius Corruption Rank. [online] Available at: https:// tradingeconomics.com/mauritius/corruption-rank [Accessed 20 July 2019]

# THE ENTREPRENEURIAL MINDSET PROGRAMME

In 2018, there were 41,000 unemployed persons of which 19,300 (47%) were aged below 25 years and 34,800 (85%) had been looking for work up to one year.\*

The SME sector remains a crucial segment of the Mauritian economy, contributing significantly to wealth creation (40% to GDP), employment generation (54% of Total Employment) and poverty alleviation.

It is vital to preserve stable economic growth, which can be attained by ensuring that the biggest amount of SMEs contribute to the economy.

YUVA's entrepreneurship programme was designed to encourage SMEs' creation to spur economic activities and create jobs. It was founded on the idea of promoting a business mentality, which creates value for investors.

stakeholders and society across a wide variety of businesses.

Through YUVA's The Entrepreneurial Mindset (TEM) programme, beneficiaries uncover the secrets of thinking like an entrepreneur to create value for stakeholders and society across various business settings. The entrepreneurial process isn't only for start-ups but a comprehensive mindset.

### **THE IMPACT**

**4,230** entrepreneurs from all the 9 districts of Mauritius graduated in The Entrepreneurial Mindset programme.

1,076 sessions, making up 68 cohorts, on TEM programme were delivered at the YUVA Academy Training Centre.

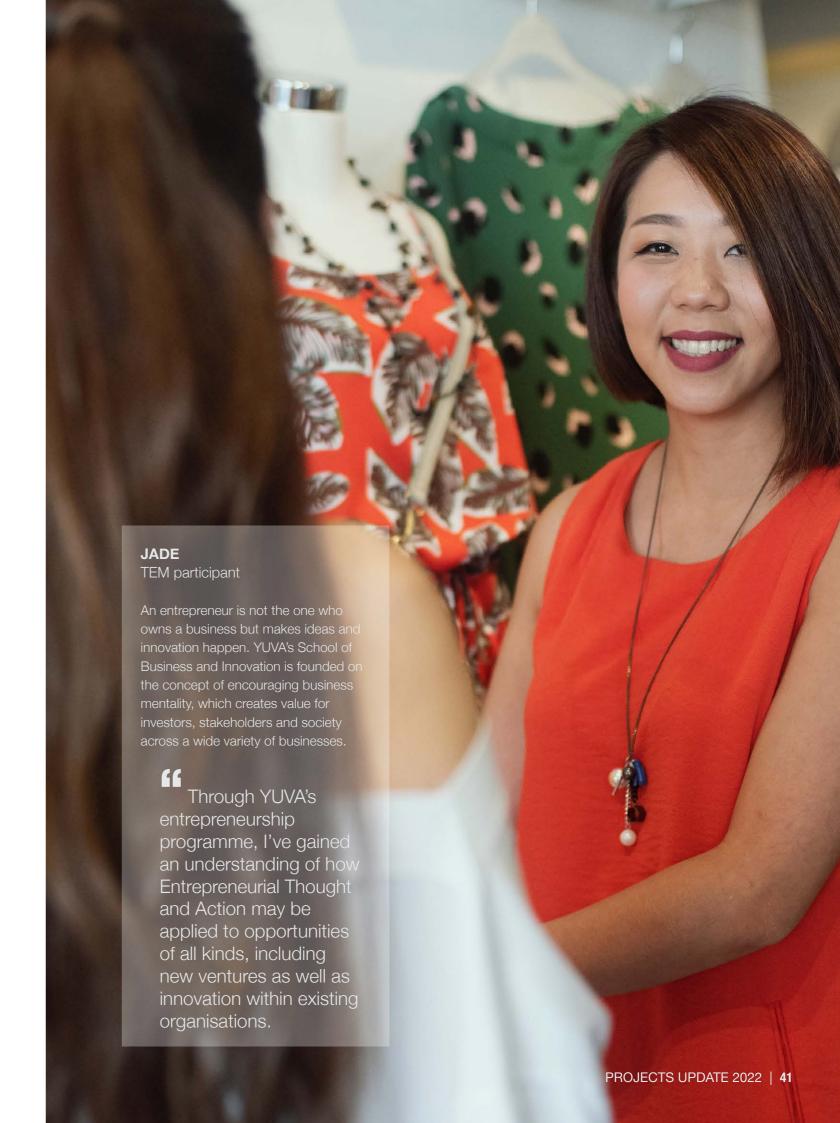
**39** entrepreneurship programmes were conducted in secondary schools of Mauritius.

1.703 different business ideas were presented by participants of TEM programme.

**245** representatives from 43 NGOs across Mauritius were empowered through TEM programme.

700+ TEM alumni started their own business in Mauritius.

88% of participants came from families, which were never involved in business.



<sup>\*</sup> Source: Statistics Mauritius (2018). Labour Force, Employment and Unemployment (based on the results of the CMPHS) - 1st Quarter 2018.

# POSITIVE PARENTING PROGRAMME

**According to the Crime, Justice** and Security Statistics 2018, the juvenile delinquency rate per 1,000 population has increased from 5.2 in 2017 to 5.6.

The first three years of a child's life play a crucial role in developing skills and a child's behaviour.

Bad parenting leads to antisocial behaviour, low resilience, depression, aggression and juvenile delinquency. Understanding and recognising bad parental decisions can help parents make good decisions for their child.

It is every parent's wish to have his or her child become a responsible person. Even though every parent wishes the best for his\her child, at times, lousy parenting gets in the way of achieving this. Bad parenting has lots of adverse effects on the life of a child. Therefore, each parent must evaluate his or her parenting skills to know the impact of such parenting on the child. While it is impossible to be an

all-round, perfect parent, it is never wrong to try and be the best you can be.

YUVA's Positive Parenting Programme (PPP) was designed to make parents understand and recognise bad parental decisions and help them take good decisions for their children. It aims at equipping parents with the skills and confidence they need to be self-sufficient and find the best way to raise their children into responsible and respectable adults.

### **THE IMPACT**

2,464 parents from all the 9 districts of Mauritius graduated in the Positive Parenting Programme.

493 sessions, making up 22 cohorts, on PPP were delivered at the YUVA Academy Training Centre.

**80** Positive Parenting Programme sessions were conducted in village halls and social welfare centres.

**35.2**% of PPP participants had the inability to have long lasting friendships and relationships.

**51.7%** of PPP participants were suffering from depression and low self esteem, which was caused by bad parenting.

59% of Positive Parenting Programme participants had children engaged in criminal behaviours, known to the Police.



# YUVA ANNUAL LEADERSHIP & ENTREPRENEURSHIP FORUM

Young professionals are frustrated by the lack of proper outlets to express, refine and concretise their ideas and live up to their potential.

A culmination of leadership, entrepreneurship, social & business innovation, and practicality, the YUVA Annual Leadership & Entrepreneurship Summit (YALES) 2022 is a platform that prepares Mauritius' leaders of tomorrow, sharpens their leadership and managerial skills and allows them to strengthen their planning, organising and communication skills.

We can create engagement among aspiring leaders, entrepreneurs, social workers, and advocates through the YALES platform.

YALES allows members to introduce their concept to renowned entrepreneurs, prune and develop their ideas under the mentorship of the most experienced individuals, and get the applause and acknowledgement they deserve.

By connecting individuals from different backgrounds, YALES plants the seeds of inspiration to pursue leadership positions and advocate initiatives in their own communities.

If you feel that your brainchild can be the next success story, this could be your moment of glory be part of the next YALES event!

### **THE IMPACT**

**3-day** annual conference in Mauritius, having leaders and entrepreneurs as main audience.

3 themes for YALES, which include Leadership, Entrepreneurship and Social Work.

**17** speakers, including TED speakers, university professors, international coach, social advocates and experts in different fields.

360 attendees, including vouth leaders and entrepreneurs, school rectors, university lecturers, social workers, businessmen and government officials.

12 scholarships were awarded to participants to follow professional international courses.

94 YUVA volunteers were involved in planning and implementing the YALES 2018, 2019 and 2020.





#### WHAT MAKES YUVA DIFFERENT?

Ending poverty, yes, it's a big goal, but we believe in smart giving. We're proud that 98% of our total spends in 2022 went directly to the programmes and activities that help sponsored children.

#### Community Projects

We've organised over 200 community events around Mauritius - particularly in disadvantaged regions. The main idea behind this is to make children and young people of those regions get access to healthcare, libraries, playgrounds and more.

#### Data-Driven Approach

We track measurable progress with a research agency to prove we're making a real impact on our children and young people.

#### Focused Support

Programs change by age and region to ensure YUVA children and young people graduate healthy, educated, empowered and employed.

Please donate generously to create a positive impact in the Mauritian society. Contact us at 5252 5556 or secretariat@yuva.info.

# BLOOD DONATION CAMPAIGNS

**According to the Blood** Transfusion Service (2019) report, less than 3% of the healthy Mauritians eligible to donate blood actually do so.

Every two seconds of every day, someone needs blood. People needing the most blood include those:

- Being treated for cancer;
- Undergoing orthopaedic surgeries;
- Undergoing cardiovascular surgeries;
- Being treated for inherited blood disorders.

There is a constant need for a regular blood supply because blood can only be stored for a limited time before use.

Regular blood donation by a sufficient number of healthy people is needed to ensure that safe blood will be available whenever and wherever it is required.

Blood is the most precious gift that anyone can give to another person — the gift of life. The decision to donate your blood can save a life, or even several, if your blood is separated into its components - red cells, platelets and plasma — which can be used individually for patients with specific conditions.

YUVA regularly conducts blood donation campaigns due to the increasing demand for blood on account of the rise of road accidents and the necessity for blood for successfully carrying out surgical interventions for cancer and cardiacrelated operations to ease patients' suffering.

### **THE IMPACT**

24 medical camps have been organised in all the 9 districts of Mauritius.

720 YUVA volunteers were involved to implement the 24 medical camps across Mauritius.

6 services were provided in YUVA's medical camps, including eye check-up, diabetes check-up, general check-up, hypertension check-up, stress test and blood donation.

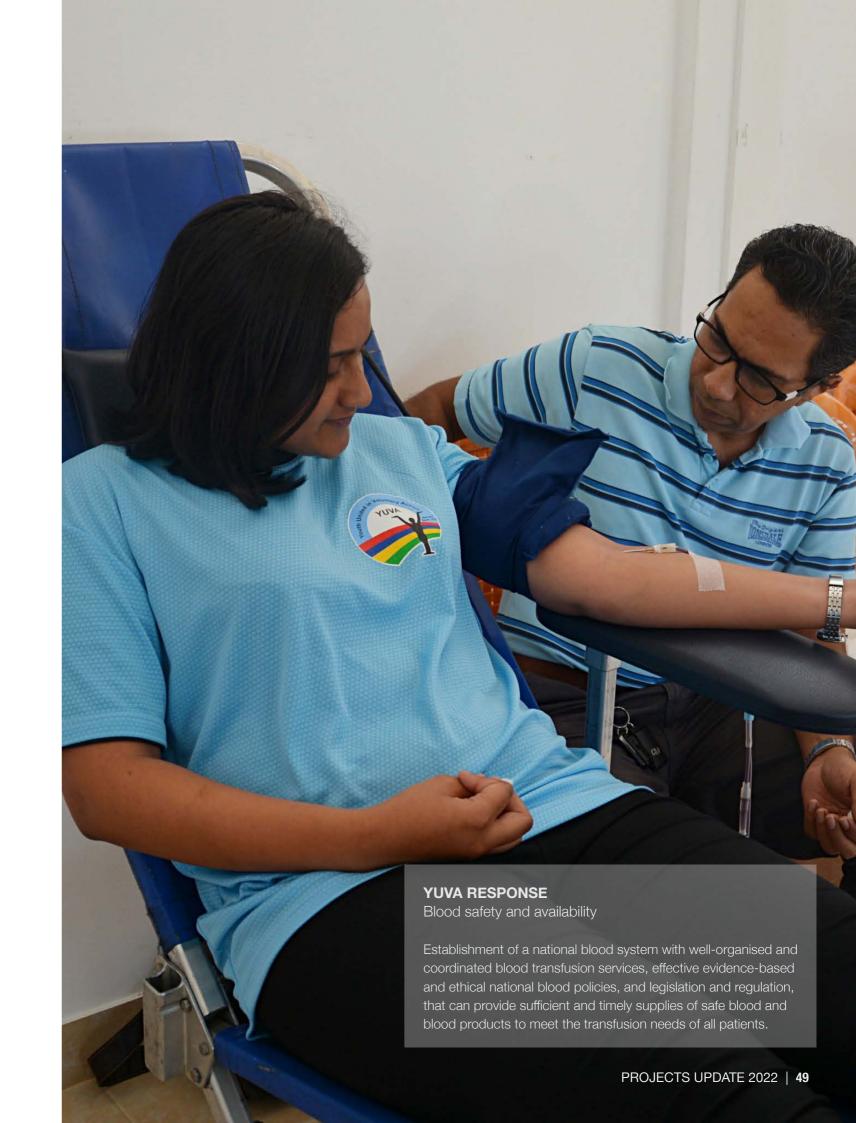
9.103 Mauritians benefitted from YUVA's medical camps across Mauritius.

19% of blood donations were given by women.

The average age of blood donors was <mark>26</mark>.

88% of the medical camps were held in villages of Mauritius.

8 medical practitioners were involved on a voluntary basis.



# EYE CHECKUP BOOT CAMPS

9,028 patients suffering from eye problems were treated in 2017 at the S. Bharati Eye Hospital, out of which 6,131 had cataract.\*

Eyes are among the most sensitive organs of the body and eyesight is considered one of the most important senses.

In addition to determining vision problems and detecting eye diseases, eye checkups also help identify chronic diseases, like diabetes or glaucoma. For kids, eye examinations help ensure normal vision development needed for schoolwork and athletics.

More than 75% of cases of blindness are preventable if identified in time (Patel, 2019). Treatments can help slow or stop vision loss, so eye checkups can help ensure a lifetime of clear sight.

It depends in part on your age

and also on your genetics. If you're younger than 40 and have no eye problems, your doctor might suggest you get routine tests every 2 years. Or he could tell you that you don't need any tests. Ask what he thinks is best for you. If you're 40 or older, you should get your eyes checked every 1 to 2 years.

If you've had eye trouble in the past, or if you're at risk of developing it (if someone in your family had it), you should see an eye doctor every year.

YUVA organises eye check-ups regularly in different regions across Mauritius to facilitate early detection of preventable eye diseases.

\* Source: Ministry of Health and Quality of Life (2018). Health Statistics Report 2017. Health Statistics Unit.

### **THE IMPACT**

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9.103 Mauritians benefitted from YUVA's medical camps across Mauritius.

16 cases of Cataract were detected early enough to be treated.

41 cases of Hyperopia (far-sightedness) were detected, 28 in elderly people and 13 in young people less than 35 years. They were all prescribed glasses and contact lenses by our resource people.



# NUTRITION CAMPAIGNS

Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth.

Healthy children learn better. People with adequate nutrition are more productive and can create opportunities to gradually break the cycles of poverty and hunger. Malnutrition, in every form, presents significant threats to human health.

People are now consuming more of foods high in energy, fats, free sugars and salt/ sodium, and less of fruits, vegetables and other dietary fibres such as whole grains.

In line with the World Health Organisation recommendations, YUVA has organised several nutrition campaigns across Mauritius' island to raise awareness on the importance of a healthy diet and increase children's.

adolescents', and adults' knowledge on nutrition.

Through the nutrition campaigns, YUVA encouraged Mauritians to adopt and maintain healthy dietary practices, protect themselves against malnutrition in all its forms and non-communicable diseases (NCDs), such as diabetes, heart disease, stroke and cancer.

### **THE IMPACT**

933 primary school children were provided knowledge and skills about the relationship between a good diet, physical activity, and health.

16 generic healthy eating campaigns were organised, which involved the development and communication of messages that aim to make the public aware of the importance of healthy eating in general.

13 public awareness campaigns were organised, which aimed to increase consumption of foods and nutrients other than fruits and vegetables.

Food production skills, such as agriculture and fishing, were taught to 638 Social Register of Mauritius (SRM) beneficiaries.

• funding was received from the corporate sector to support our nutrition campaigns.





# SANITATION CAMPAIGNS

Inadequate sanitation is a major cause of infectious diseases such as cholera, typhoid and dysentery. It also contributes to stunting and impaired cognitive function.

This impacts well-being through school attendance, anxiety and safety with lifelong consequences, especially for women and girls.

Poor sanitation is linked to the transmission of diseases such as cholera, diarrhoea, dysentery, hepatitis A, typhoid and polio and exacerbates stunting. Moreover, it reduces human well-being, social and economic development due to impacts such as anxiety, risk of sexual assault, and lost educational opportunities.

Additionally, inadequate sanitation is a significant factor in several neglected tropical diseases, including intestinal worms, schistosomiasis, and trachoma. Poor sanitation also contributes to malnutrition.

In line with the United Nation's 6<sup>th</sup> SDG, YUVA has conducted several sanitation campaigns across the island to increase knowledge and raise awareness in communities about the importance of proper sanitation.

This community engagement started with the promotion of individual level, household level and environmental sanitation. Additionally, through the campaigns, knowledge on menstrual hygiene was shared to promote healthy menstrual practices among girls and women.

#### **THE IMPACT**

933 primary school children were provided knowledge and skills about sanitation, including safe management of solid waste and animal waste.

16 sanitation campaigns were organised, which involved the development and communication of messages that aim to make the public aware of the importance of sanitation at home and in the society in general.

13 public awareness campaigns were organised, which aimed to improve the quality of life of the people living in disadvantaged regions of the country.

To accelerate the efforts to achieve national sanitation coverage and to put focus on sanitation, 3 full time staff were recruited.

• funding was received from the corporate sector to support our sanitation campaigns.



#### KEVIN

17 years old

If every individual sweeps in front of their house, the community will be clean. If the community is clean; our coastal ecosystems (rivers, lagoons etc.) shall be clear clean waters.

# DIABETES CHECKUP CAMPAIGNS

In 2018, diabetes mellitus was the leading cause of deaths among Mauritians. Diabetes mellitus was responsible for 21.6% of women deaths and 19.6% of men deaths.\*

Diabetes is a chronic disease that occurs either when the pancreas does not produce enough insulin or when the body cannot effectively use the insulin it produces. Over time, diabetes can damage the heart, blood vessels, eyes, kidneys, and nerves.

Globally, an estimated 422 million adults were living with diabetes in 2014, compared to 108 million in 1980. The global prevalence of diabetes has nearly doubled since 1980, rising from 4.7% to 8.5% in the adult population. This reflects an increase in associated risk factors, such as being overweight or

obese. Over the past decade, diabetes prevalence has risen faster in low and middleincome countries than in highincome countries.

YUVA organises diabetes check-up campaigns to ensure that the population is allowed to detect the disease as soon as symptoms start to show to treat it and take appropriate preventive measures to reduce one's risks of getting the disease.

### **THE IMPACT**

**24** medical camps have been organised in all the 9 districts of Mauritius.

**720** YUVA volunteers were involved to implement the 24 medical camps across Mauritius.

6 services were provided in YUVA's medical camps, including eye check-up, diabetes check-up, general check-up, hypertension check-up, stress test and blood donation.

**9,103** Mauritians benefitted from YUVA's medical camps across Mauritius.

**4,876** patients of diabetes opted for check-up at YUVA's medical camps.

Only 12.6% of young people, aged 16 to 28, did not give their consent to undergo the diabetes check-up at YUVA's medical camps because they were afraid of the check-up experience.

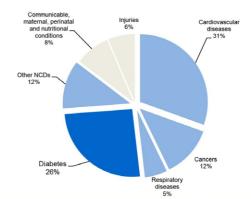
### Mauritius

 Mumber of diabetes deaths
 males
 females
 Number of deaths attributable to high blood gluces
 males
 females

 ages 30–69
 770
 500
 ages 30–69
 970
 600

 ages 70+
 460
 610
 ages 70+
 580
 750

#### Proportional mortality (% of total deaths, all ages)



# Trends in age-standardized prevalence of diabetes 35% 30% 25% 20% 10% 5%

Total population: 1 273 000 Income group: Upper middle

Prevalence of diabetes and related risk factors						
	males	females	total			
Diabetes	13.8%	14.6%	14.2%			
Overweight	39.5%	53.9%	46.8%			
Obesity	11.8%	25.7%	18.8%			
Physical inactivity	22.7%	27.9%	25.4%			

#### National response to diabetes

#### Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	ND
Operational policy/strategy/action plan to reduce overweight and obesity	ND
Operational policy/strategy/action plan to reduce physical inactivity	ND
Evidence-based national diabetes guidelines/protocols/standards	ND
Standard criteria for referral of patients from primary care to higher level of care	ND
Diabetes registry	ND
Recent national risk factor survey in which blood glucose was measured	ND

#### Availability of medicines, basic technologies and procedures in the public health sector

Insulin	ND
Metformin	ND
Sulphonylurea	ND
Procedures	
Retinal photocoagulation	ND
Renal replacement therapy by dialysis	ND
Renal replacement therapy by transplantation	ND

Basic technologies in primary care facilities			
Blood glucose measurement	ND		
Oral glucose tolerance test	ND		
HbA1c test	ND		
Dilated fundus examination	ND		
Foot vibration perception by tuning fork	ND		
Foot vascular status by Doppler	ND		
Urine strips for glucose and ketone measurement	ND		

ND = country did not respond to country capacity survey

= not generally available
 = generally available

World Health Organization - Diabetes country profiles, 2016.

\* Source: Ministry of Health and Quality of Life (2019). Health Statistics Report 2018. Health Statistics Unit

# MEDICINAL PLANTS DISTRIBUTION

**Medicinal plants contain** properties that can be used for therapeutic purposes or those that synthesize metabolites to produce useful drugs.

A preliminary survey of Mauritian medicinal plants was carried out. 197 plants commonly used for their medicinal properties were reported.

Healing with medicinal plants is a treatment method as old as mankind itself. Historically, all medicinal preparations were derived from plants, whether in the simple form of raw plant materials or in the refined form of crude extracts, mixtures etc.

Chinese herbalists have identified more than 5,000 medicinally important indigenous plants and the Amazon, the Golden Triangle region of northern Thailand, the tropics of the Venezuela-Guyana border, and the teeming forests of central Africa, all have native human populations using indigenous plant resources for healing purposes.

Over the last year, YUVA has distributed thousands of medicinal plants across the island. This initiative aims to encourage Mauritians to use natural medicines to heal diseases and illnesses instead of pharmaceutical ones, which may have adverse side effects.

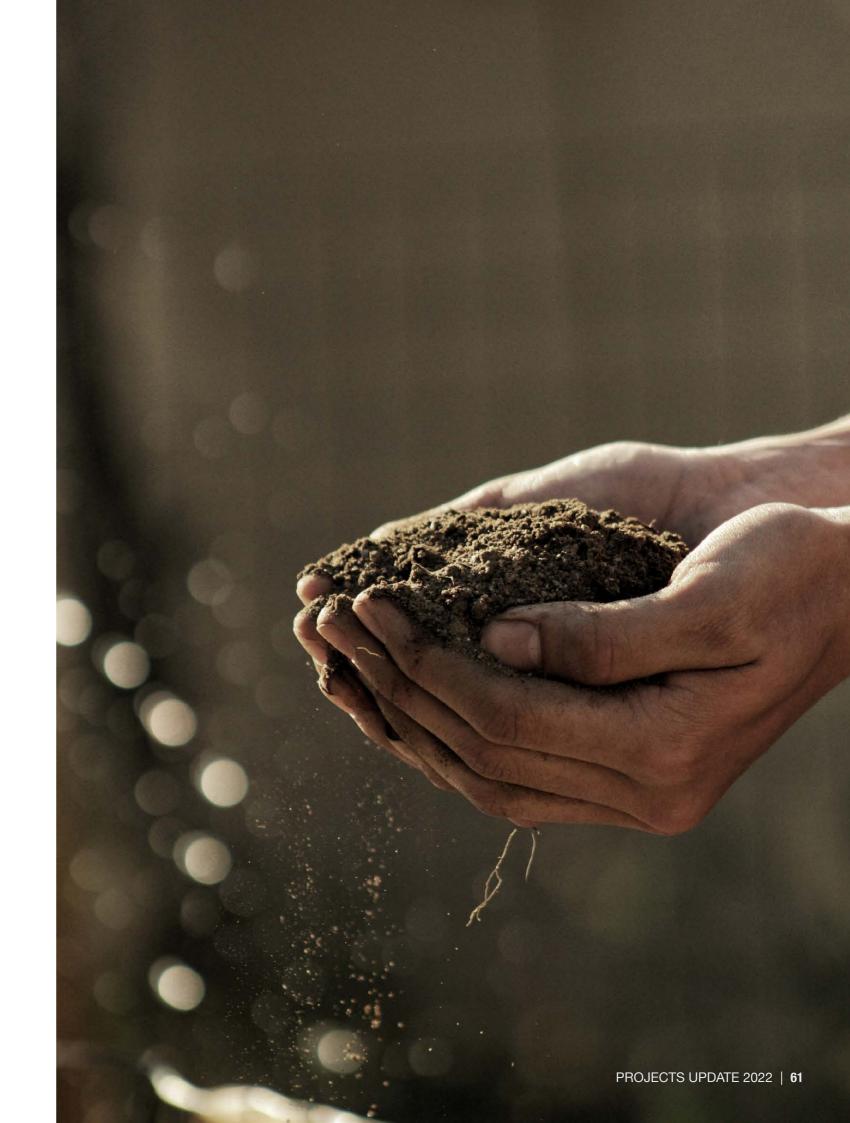
### **THE IMPACT**

3,000 Ayapana plants were distributed. The leaves and stem of Ayapana are used to treat bleeding diarrhoea, bleeding piles and bleeding stomach.

3,000 Aloe Vera plants were distributed. It is used as remedy for skin condition, natural remedy for asthma, stomach, diabetes and the aloe latex is used to naturally treat depression and constipation.

3,000 Bois tortue (Noni) plants were distributed. Noni is used for colds, flu, diabetes, anxiety, and high blood pressure, as well as for depression and anxiety.

3.000 Citronella plants were distributed. Citronella oil can prevent any infections from occurring. The oil can be used for the colon, bladder or stomach to keep them all bacteriafree and clean. It is used to heals wounds too.



# CLEAN UP CAMPAIGNS

YUVA unites community groups, schools, businesses, and local governments to carry out activities that address local environmental issues.

YUVA organises and participates in several cleanup campaigns in several villages of Mauritius on the occasion of World Cleanup Day, one of the most significant civic movements of our time, uniting 180 countries worldwide for a cleaner planet.

On that day, volunteers and partners worldwide came together to rid our planet of trash - cleaning up litter and mismanaged waste from our beaches, rivers, forests, and streets.

World Cleanup Day harnesses the power of everyday people to achieve incredible things by joining together. Its beauty lies in cooperation and collaboration: building bridges between disparate communities and including all

society levels - from citizens to business to government.

We see waste as merely a mismanaged resource. Through our activities and campaigns, we aim to create a shift towards better management of resources and inspire smarter choices in design, production, and consumption. It also works to raise global awareness and implement lasting changes to end the global waste epidemic once and for all.

If you, too, want to get involved in this effort to make our homeland a cleaner place, please contact us at 5252 5556.

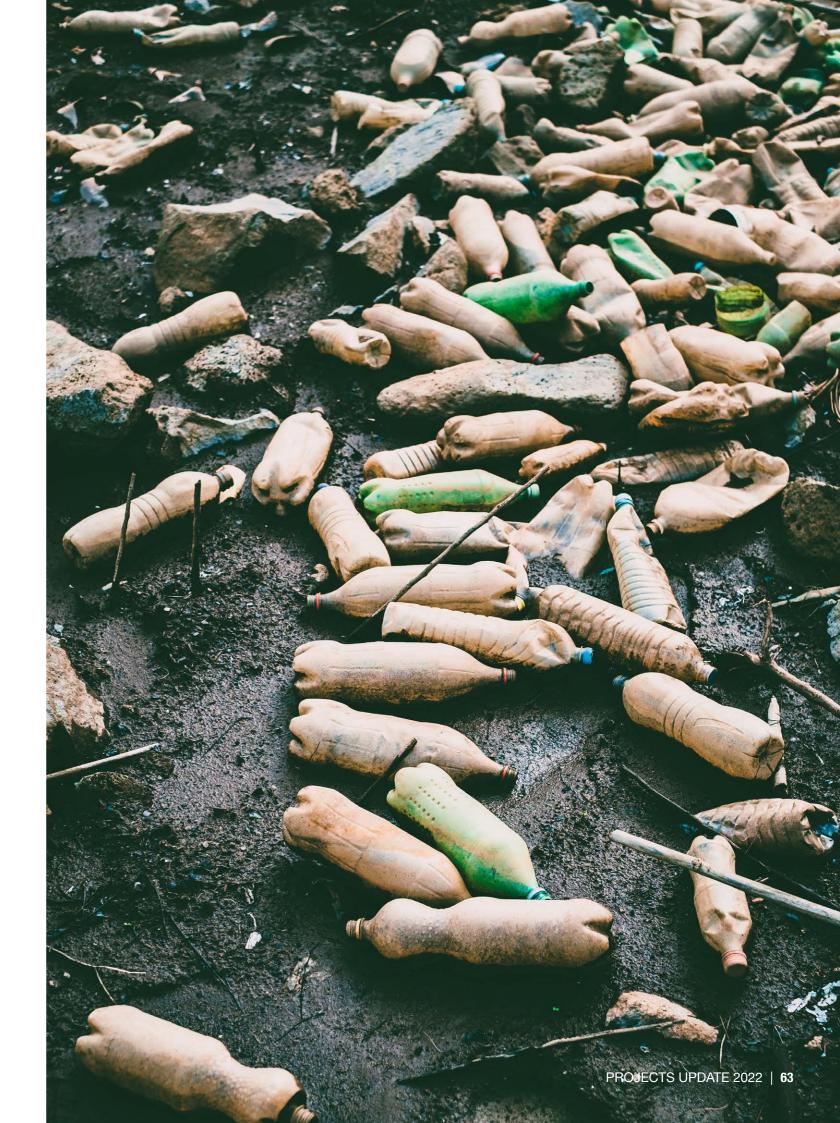
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# YUVA ONLINE EMPLOYMENT PORTAL

**YUVA** reduces unemployment through its Online Employment Portal. The portal facilitates the process of finding employment and applying for jobs.

At YUVA, we believe that for young people to get out of the cycle of poverty, they need to find a sustainable source of income.

18,200 or about 45% of the unemployed were aged below 25 years. 33,500 (83%) had been looking for work for up to one year.

13,400 (33%) were looking for a job for the first time, 3,700 (9%) of the unemployed were heads of households, and 5,900 (15%) lived in households with no employed persons (Statistics Mauritius, 2019).

Through the YUVA employment platform, Mauritius' youth can easily access job opportunities and job adverts through their mobile phones at their own discretion, instead of having to go door to door to look for vacancies or buying newspapers and scanning them for job ads.

YUVA's aim to share job advertisements from local newspapers is to connect unemployed young people to available job opportunities in Mauritius.

DISCLAIMER: YUVA aims to share job advertisements from local newspapers to connect unemployed young people to available job opportunities in Mauritius. However, YUVA is not involved in any recruitment process or recommendation of applicants. Interested candidates should contact the respective companies directly.

### **THE IMPACT**

4,160 job opportunities have been published on the YUVA employment portal as at date.

An average of 9,632 people daily visit the YUVA employment

8,320 Facebook users have shared the YUVA job posts in the last 60 months.

Job advertisements of **2,955** different companies have been published on the YUVA employment portal as at date.

62% of those companies called YUVA and gave very good feedback about the number of applicants they have received after advertising on the YUVA employment portal.

2 regional awards (Africa) received by the World Congress and the SADC for our effort to reduce unemployment among youth in Mauritius.



# NGOS FOR SOCIAL ENTREPRENEURSHIP

There are around 12,000 registered NGOs in Mauritius. 99.8% of NGOs in Mauritius are not engaged in any form of enterprising activities.

NGOs play a significant role in society, as they fill a need that cannot be adequately served by the government or the private sector.

To sustain itself, an NGO must ensure a flow of resources. Thus, NGOs need to embark on enterprising activities to ensure the financial sustainability and fulfilment of the organisation's social mission.

Social entrepreneurship is an approach by start-up companies and entrepreneurs, in which they develop, fund and implement solutions to social, cultural, or environmental issues. This concept may be applied to many organisations, which vary in size, aims, and beliefs.

In this vein, YUVA has launched the first-ever professional social enterprise in Mauritius, the YUVA Academy.

The YUVA Academy offers empowerment programs to young people. It then reinvests the money it makes into the local community to support the education, health and employment of Mauritian families living below the poverty threshold.

YUVA is also currently setting up two other social enterprises, namely YUVA Travel and YUVA Coffee Shop.

### THE IMPACT

8,409 young leaders were empowered through the YUVA Academy's leadership programme.

**4,230** young entrepreneurs were empowered through the YUVA Academy's entrepreneurship programme.

15,770 children were educated through the YUVA Academy's Moral, Civic and Sex Education programme.

Through its social entreprise, YUVA was able to pay the rent of 4 office spaces in Port Louis as well as pay the salary of 11 staff members.

Through the profit of its social enterprise, YUVA was able to support **5,026** Mauritians living in poverty.



# YUVA VOLUNTEERS FOR FESTIVALS

Volunteering brings to life the noblest aspirations of humankind - the pursuit of peace, freedom, opportunity, safety, and justice for all people.

Mauritius celebrated 10 socio-cultural festivals in 2022, reflecting the Mauritians' glorious past, rich culture, and traditions.

Festivals are a time for people to come together and revel in their passions, a time to take a break from the mundanity of everyday life and celebrate something near and dear.

At YUVA, volunteers take on all kinds of roles - setting up the venue, managing and coordinating activities, and helping with meal preparation and distribution.

Volunteers get a behind-thescene look at the organisation and the coordination that goes into festival and event management. They also get to work with people from various backgrounds and enjoy the excitement that comes along

with festivals all over the island.

YUVA endeavours to participate in all the socio-cultural festivals of Mauritius and encourage volunteers to organise and serve these different events. Activities include serving food, refreshments and snacks to pilgrims celebrating various festivals.

By serving pilgrims of different faith on each festival's occasion, volunteers bring their contribution to the pilgrims' causes and encourage their faith.

### **THE IMPACT**

2,562 volunteers have participated in festivals organised by YUVA.

8 festivals were organised and facilitated by YUVA volunteers.

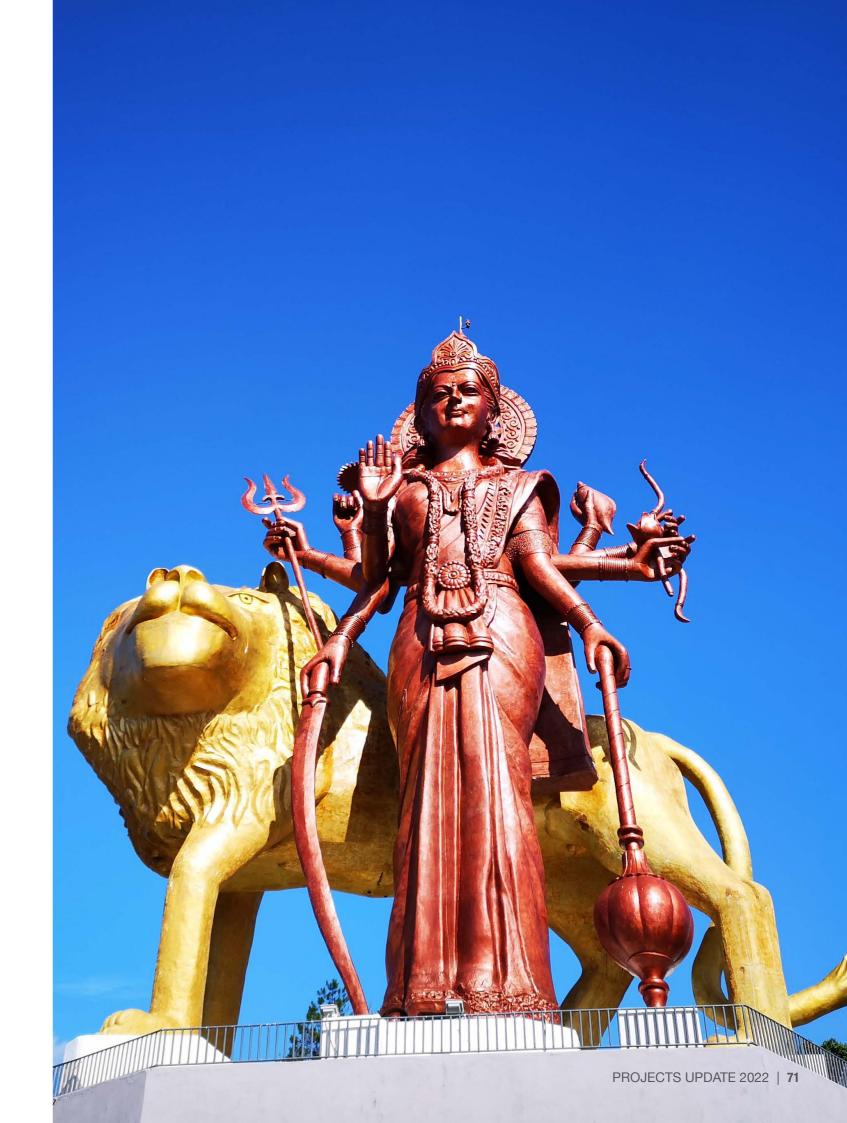
250,000+ puris, **100,000+** juice cups and **25,000**+ biryani plates were served for Maha Shivaratri.

60 YUVA volunteers served refreshments and snacks to pilgirms of Pere Laval.

**223** volunteers distributed clothes and basic alimentation to 120 needy families for Eid-UI-Fitr.

**246** YUVA volunteers participated in food and refreshment distribution to pilgrims of Maha Shivaratri.

832 Mauritians donated in cash and/or kind to support YUVA for the celebration of festivals around the island.



# **CLOTHES DONATION**

Donating used clothes will keep them out of the trash and into the hands of someone who can give them a second life. Join us for this noble campaign!

Today, more than ever, you can help communities in need by donating clothes and other gently used household items to local charities.

Your clothing donations make a big difference to individuals who are struggling to make ends meet. Clothing donations can provide an individual with the clothes - and the confidence — he needs to succeed in his next job interview.

Donating clothing can enable a child to prosper at school among her peers. Clothes donations can keep a family warm at night when the temperatures drop. By making a clothing donation to YUVA, you are helping to make a difference in your community!

Host a Clothing Drive: Our clothing drives operate just like a shoe drive! Get ready to make a sustainable impact on your unwanted clothing. Get your friends, family, co-workers and neighbours involved as well!

You only have to put everything in bags/boxes and drop them off at the YUVA Head Office.

If the YUVA office is closed. please leave everything with the Security Officer sitting at the reception on the building's ground floor.

There's no deadline as such. Clothes donation campaigns run throughout the whole year.

### **THE IMPACT**

719 Mauritians and foreigners living in Mauritius have donated their used clothes to YUVA.

Collect all your old/used clothes, clean, pack and drop them in bags/boxes at the following address at any time and day:

> YUVA Head Office 204, Jade Court Jummah Mosque St. Port Louis, Mauritius

6 local clothing companies have donated their unused clothes to YUVA.

As a retailer, manufacturer or distributor, you'll end up with excess inventory. Instead of throwing it away, please donate! Contact us at secretariat@yuva.info or 5252 5556.

91 NGOs and youth clubs have benefitted from clothes donation from YUVA, for them to redistribute the clothes to their beneficiaries.





# ADVOCACY THROUGH MEDIA

Between 2016 and 2017, the number of Internet subscriptions in Mauritius has increased by 14.5%, from 1,090,300 to 1,248,000.

On the other hand. mobile Internet subscriptions increased by 14.2%, from 875,200 (2016) to 1,022,700.

This is an indication of mobile usage by Mauritians in various areas. With an increasing number of connections and widespread new technologies, the internet can be considered the backbone of progress and connectivity.

YUVA has taken advantage of this medium to spread awareness and advocate for several important social causes. Media advocacy is rooted in community advocacy and has as its goal the promotion of healthy public policies.

Media advocacy shifts the focus from the personal to the social, from the individual to the political, from the

behaviour or practice to the policy or environment. While traditional media approaches try to fill the "knowledge gap," media advocacy addresses the "power gap."

Improvements in many causes are believed to come about primarily from gaining more power over the policy environment than merely gaining more knowledge about the cause.

### **THE IMPACT**

- 6 awareness campaigns were promoted through radio.
- 9 awareness campaigns were promoted through print media.
- 4 awareness campaigns were promoted through television.
- 11 awareness campaigns were promoted through YouTube.
- 18 awareness campaigns were promoted through social media.
- 43 awareness campaigns were promoted through the YUVA official website www.yuva.info
- 16 press coverages about YUVA's various events were done in the last one year.
- 3 full-time staff members handle the media and communication department of YUVA



## MAURITIUS YOUTH PARLIAMENT

YUVA created the Mauritius Youth Parliament (MYP) with the aim to bring together young people to discuss issues of importance in a parliamentary setup.

The MYP seeks to promote young people's effective inclusive civic engagement at all levels.

Recent increasing attention in policy and programming has brought the focus on youth civic engagement by governments, UN entities, regional and multilateral organisations, CSOs, youth and researchers.

The engagement and participation of youth are essential to achieve sustainable human development. Yet often, the opportunities for youth to engage politically, economically and socially are low or non-existent.

The MYP was born out of the need identified by YUVA to raise awareness about the importance of youth civic engagement and its benefits to the individual and society, for sustainable development, resilience and well-being of the society.

The debates hosted by the Mauritius Youth Parliament featured contemporary issues and matters of concern in Mauritius, including:

- Animal welfare
- LGBTI rights in Mauritius
- Good governance
- Sustainable Development Goals
- Gender equality

#### **THE IMPACT**

**218** animal activists attended the Animal Welfare session.

7 speakers intervened during the Animal Welfare session.

110 human rights activists attended the LGBTI session.

**8** speakers intervened during the LGBTI session.

**209** participants from governmental and non-governmental organisations attended the good governance session.

In all, **1027** people participated in YUVA's Mauritius Youth Parliament sessions.

**5** press coverages were done by local newsrooms during the Mauritius Youth Parliament sessions.

48 volunteers were involved to make the events successful.



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# YUVA ACADEMY: SCHOOL OF LEADERSHIP

At the School of Leadership, we believe in building a community of strong like-minded people who can train and become the best version of themselves.

As individuals, we are always looking for someone we can look up to, learn from, and thrive with. This can be best attained being in the company of people with strong motivational, and leadership traits.

People are not born leaders but can be trained and developed into influential individuals with strong leadership skills. There is a leader in each one of us.

The School of Leadership helps aspiring leaders build a character of confidence and clarity and help themselves and others do the right things. It is vital to inculcate traits that bring about a strong sense of direction, build an inspiring vision, and create something new. Leadership is about charting out where you need

to go as an individual, as a group, team or organisation, and the whole process is dynamic, exciting, and inspiring.

Whether you want to polish your individual leadership skills, have ambitions to grow into leadership roles or are an emerging leader in your organisation, YUVA Academy's School of Leadership is for you. We enthuse you to be an inspiring voice and not just an echo.

Awaken the leader in you through this world-class experience in the School of Leadership and Development.

### **THE IMPACT**

8,409 young leaders were empowered through the YUVA Academy's leadership programme.

**4,230** young entrepreneurs were empowered through the YUVA Academy's entrepreneurship programme.

15,770 children were formed through the YUVA Academy's Moral, Civic and Sex Education programme.

Through its social entreprise, YUVA was able to pay the rent of 4 office spaces in Port Louis and as well as pay the salary of 11 staff members.

Through the profit of its social enterprise, YUVA was able to support **5,026** Mauritius living in poverty.



# YUVA ACADEMY: SCHOOL OF BUSINESS

The School of Business provides high quality and intellectually challenging training environment, instilling an entrepreneurial mindset and a desire to excel.

An entrepreneur is not the one who owns a business but makes ideas and innovation happen.

The School of Business is founded on encouraging business mentality, which creates value for investors, stakeholders and society across a wide variety of businesses. It is about seeing opportunities, exploiting them to your advantage and creating value for yourself and others. These are not qualities that entrepreneurs develop by just setting up an organisation. An entrepreneurial mindset is something that can be acquired through skills, training and self-awareness. The courses in the School of Business and Innovation will do just that for you.

We at YUVA Academy understand that innovation is the key to a profitable

business model. To maintain excellence in quality and position in the competitive environment of business, organisations continuously develop new quality products and processes. Innovation and its ability to create a competitive advantage for firms are at the core of this School's training sessions.

The courses in this School not only focus on the process of venturing into entrepreneurship but also identifies. assesses, shapes, and acts on opportunities in a variety of contexts, settings and organisations.

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# YUVA ACADEMY: SCHOOL OF HUMANITIES

The School of Humanities provides its students a platform to be better aware of their civic society and be open to ethics, values and free thinking.

Humanities and Social sciences play an important role in building the world's foundation in strong ethical values. At the core, they have questions about human society and history, which help us create a better and safer environment in the world.

Humanities and Social sciences create an opportunity to nurture critical and creative thinking skills to understand contemporary civil, scientific and technological developments within the cultural processes. This School encourages and develops your talents and capacity in a broad culture and helps develop skills in philosophical, creative, analytical, and critical thinking, which will help you live a better quality of life.

At the School of Humanities, we focus on developing your ability to identify the embedded values, objectively analyse and make a reasonable judgement in different issues that you may encounter at different stages so that you are equipped to take proper action while dealing with daily life challenges. We will help you grow as individuals and make a niche in society for you through this platform.

The School provides high quality and intellectually challenging training environment, instilling a humane, civic and social-centred mindset and a desire to excel.

### **THE IMPACT**

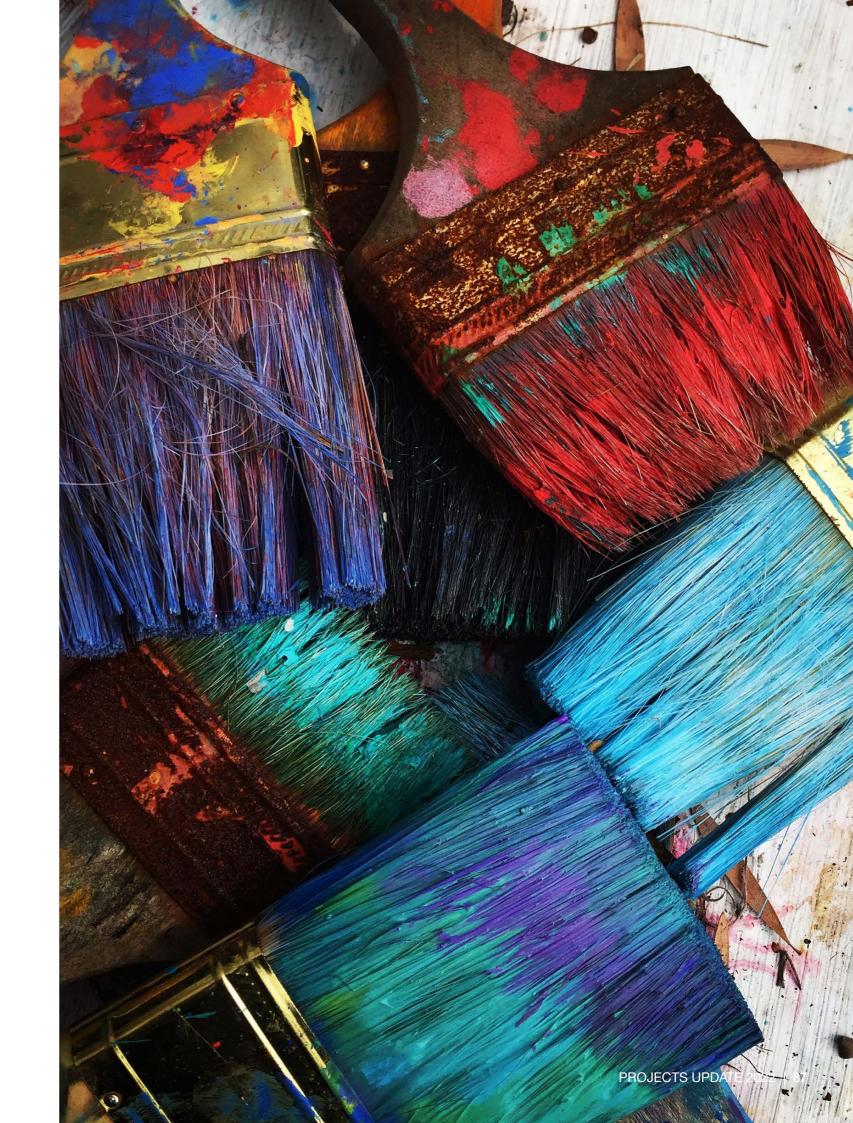
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# YUVA COFFEE SHOP

YUVA intends to launch a café. The profit generated is going to be used to support the education of children and young people living in poverty.

The café will also empower people who have been excluded from work opportunities for various reasons learning disabilities, homelessness, criminal records and those who have struggled with substance abuse.

People with such 'barriers' (Mauritian employability term) are often excluded from mainstream institutions or systems, but this café will fill that gap.

Our support will be invested in helping disadvantaged kids complete primary and secondary schooling using a wide range of tools to make it happen: providing school fees, uniforms, supplies, tutoring and scholarships.

Going to school — and not dropping out — is absolutely essential to building a future free from poverty. By helping kids finish schooling, they are in a much better position to take advantage of opportunities and find employment in the future.

YUVA café will take local sourcing so far by starting our own kitchen garden for the café and hire a gardener to tend it. We see it as an opportunity for chefs to learn about how ingredients grow carrots, cabbage, beets and broad beans — and give the cooks a new appreciation for those items in their cooking.

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# THANK YOU TO ALL YUVA PARTNERS









